

SAM-buddy peer-mentoring program

SAM-buddy (*Student Adjustment Monitoring Peer Support*) is a brand new project in our University managed by the Office of On-campus Student Personal Support & Counseling Services.

SAM-buddy is program designed to assist first year freshman students to adjust more efficiently to our unique academic culture in the period of eight weeks. It combines traditional peer-mentoring elements with non-traditional technology based support for all involved.



Introducing the program

SAM-buddy relies on student volunteers (second year and up) who may have a limited time to spare, but inspired to help an incoming student and share his/her valuable experiences

and information about the campus, the local academic system, and other topics generally associated to living in Budapest as an international student.

The program works in one on one, or small group format where student mentors dedicate 1-2 hours of their time per week for meetings with their peer-buddies for the period of eight weeks.

In this system mentors are provided with an internet based information hub where they find resources and pre-arranged topics they would need to discuss on a specific week beside sharing relevant personal experiences with their peer-buddies.

During the course of the eight week you will be invited to fun activities, exclusive get-togethers organized by the university for all involved in the program.

www.peer-buddy.hu

What we offer

- Certificate of Intercultural Competence for our mentors
- Exclusive team-building fun activities organized by the University
- Social meetings with new people within the program
- Various gift items with UNI logo
- Access to resources so you can build successful peer-relationships
- It offers flexible time management for scheduling your meetings with peer-buddy

- It does not require you to commit for more than one term (unless you like to continue your work)
- It offers orientation training in the spring term so you can emotionally prepare for your "job" for September
- It provides online "how to" resources for your role while gives you the liberty to respond to your mentoree's needs as they come.

Join the team if you have

- Completed at least your first academic year
- Good communication skills
- Openness/flexibility/patience
- Capacity to take initiatives and ask questions
- the capacity to follow instructions
- Time to meet with mentoree once a week for eight weeks
- Empathy with someone who is totally new to studying in Hungary

How to apply

If you are interested in becoming a peer-buddy and you are at least in your second year, you are welcome to fill in the online application form by visiting www.peer-buddy.hu/join.html Once you are completed the application, you will be contacted by our office about all the further details.

For more information

Would you need more information, please, write us an e-mail: mhc@human-service.hu